



UPPER VALLEY MEND

2023 ANNUAL REPORT

MEETING EACH NEED WITH DIGNITY SINCE 1988



FROM THE EXECUTIVE DIRECTOR & PRESIDENT OF THE BOARD

Dear Friend of MEND,

2023 was the busiest year we've ever experienced. Thanks to you, MEND's programs were able to keep up with the demand, and your neighbors were able to get the help they needed.

The Community Cupboard provided groceries and household items to a record number of individuals and families last year—985 households, compared to 642 in 2022. Serving so many people stretches our little food pantry to its max. With a dedicated team of staff and volunteers, and some creative storage solutions, we continue to be open six days a week, providing a wide selection of food to anyone in need.

Upper Valley MEND also provided more than triple the amount of financial assistance in 2023 compared to 2022. Our social worker met with two households on average every day we were open.

About one third of that financial assistance helped people pay bills related to keeping or finding stable housing—rent, mortgage, utilities, shelter, and transportation. In addition, Upper Valley MEND received a one-time grant in 2023 to pay medical bills for patients. This aid—which made up the other two-thirds of the financial assistance provided—mostly went toward dental bills. This exposed just how many people in our region are experiencing dental pain that they can't afford to fix.

While the need continues to grow in our community, so does the support. Thanks to donors and volunteers, Upper Valley MEND provided more than double the aid provided in 2022. This remarkable increase is made possible because of you.

Thank you for taking this journey with us,

Kaylin and Greg



KAYLIIN BETTINGER
EXECUTIVE DIRECTOR



GREG STEEBER
BOARD PRESIDENT





An important day! On December 28, Executive Director Kaylin Bettinger and Board President Greg Steeber signed the documents making MEND the owner of 28 affordable rentals. This duplex is one of the ten buildings that make up MEND's new workforce rental program.

BUILDING A STABLE FUTURE FOR THE UPPER VALLEY

Finding an affordable place to live in the Upper Valley has become harder and harder. Local businesses have worked hard to raise wages, but the cost of housing continues to be out of reach for many local workers.

Last year, MEND began quietly raising funds to start an affordable rental program for the local workforce. Thanks to early donations, the support of local and state governments, and seller financing, MEND was able to raise \$5.4 million and purchase 28 apartments at an affordable price from the Marson family. Three more are scheduled to close in the next month.

Thanks to this outpouring of support, as well as additional state funding just announced this year, the affordable rental program is closer than ever to being fully funded. In fact, MEND is now evaluating ways to expand the program, helping more local residents stay in our community. Mark your calendars for May 3, the date of the kick-off event for the program and campaign!

Thank you for making this happen. If you would like to learn more about the campaign, please visit www.uvmend.org/solidfoundations.



Upper Valley MEND provides equitable access to food, housing, wellness and economic security.

COMMUNITY CUPBOARD

985

HOUSEHOLDS SERVED IN 2023
We saw an increase in demand for food for many reasons. SNAP benefits decreased, our service area broadened, and life became more expensive in the Upper Valley.

376

NEW HOUSEHOLDS SERVED IN 2023
On average, we had 31 new individuals or families sign up to use the Community Cupboard each month.

156,000

POUNDS OF FOOD DONATED

- 67,000 lbs. from our Grocery Rescue partners at Sage Mountain & Safeway.
- 31,000 lbs. from community members and food drives.
- 30,000 lbs. of gleaned produce.
- 28,000 lbs. from government food programs.

54%

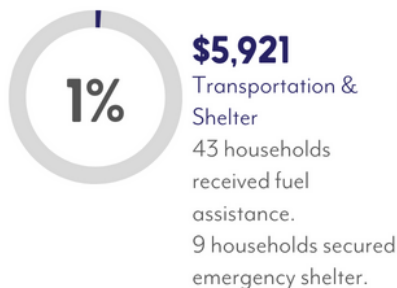
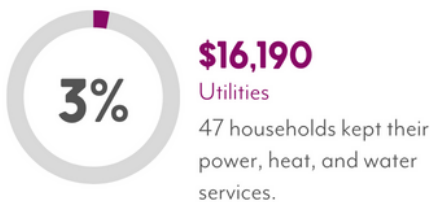
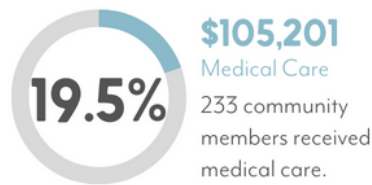
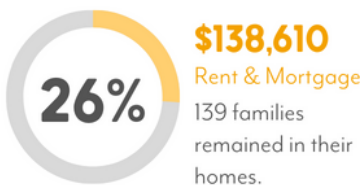
OF NEW FAMILIES RESIDE OUTSIDE THE UPPER VALLEY

These families came from Cashmere, Wenatchee, East Wenatchee, Entiat, Manson, Malaga, Waterville and Ephrata. Families are traveling a long distance for food.

AID PROVIDED

\$537,337

More than triple the emergency financial assistance given in 2022.





VOLUNTEERS

8,266

volunteer hours donated to meet our community's food, housing, healthcare and wellness needs in 2023.

Thank you!

4,424 HOURS DAS THRIFT HAUS **1,164 HOURS** COMMUNITY CUPBOARD

847 HOURS FREE CLINIC **584 HOURS** GLEANING

343 HOURS GROCERY RESCUE **864.5 HOURS** ADMIN SUPPORT

40.25 HOURS SUMMER LUNCH PROGRAM



Volunteers glean and sort fresh produce for the Community Cupboard.

2023 INCOME

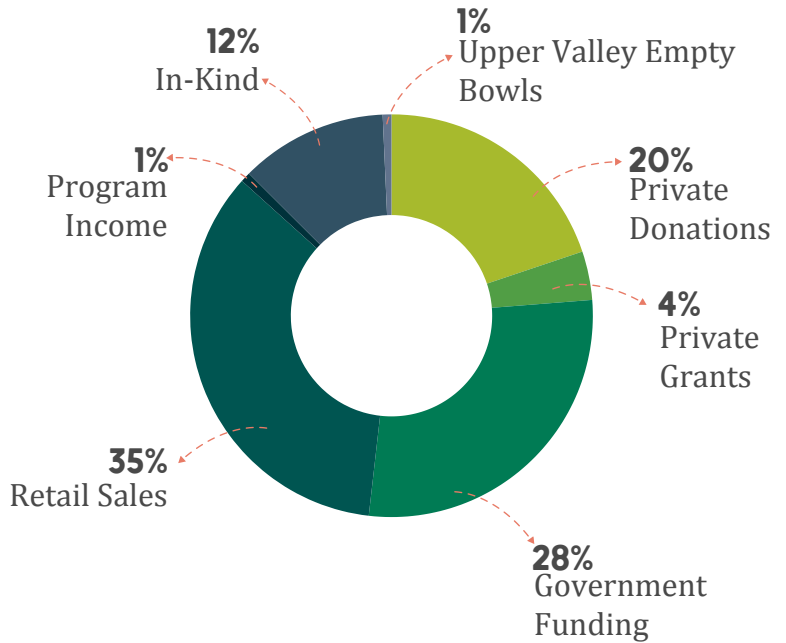
In-Kind	\$329,414
Program Income	\$23,572
Empty Bowls	\$20,124
Private Donations	\$553,438
Private Grants	\$109,130
Government Funding	\$783,024
Retail Sales	\$971,741

TOTAL INCOME \$2,790,443

2023 EXPENSES & AID

Community Cupboard	\$586,266
Das Thrift Haus	\$234,915
Jubilee Global Gifts	\$461,182
Emergency Assistance	\$268,936
Fundraising	\$118,422
Upper Valley Free Clinic	\$384,268
Affordable Housing	\$87,398
Cornerstone Community	\$9,391
General and Admin	\$140,044
Gleaning Program	\$158,393

TOTAL EXPENSES \$2,449,215



BUDGETED 2024 INCOME

General donation	\$778,971
Jubilee Sales	\$498,745
Grants	\$640,174
Das Thrift Haus Sales	\$394,094
In-kind food Cupboard	\$199,203
Ink-kind food Gleaning	\$77,760
Rental Income	\$327,012
Other Program Income	\$31,630
Empty Bowls	\$14,766
Other in-kind	\$16,800

TOTAL INCOME \$2,979,155

BUDGETED 2024 EXPENSES & AID

Community Cupboard	\$499,354
Das Thrift Haus	\$251,712
Jubilee Global Gifts	\$459,189
Emergency Assistance	\$267,210
Upper Valley Free Clinic	\$72,798
Affordable Housing	\$422,042
Cornerstone Community	\$9,878
General and Admin	\$151,107
Fundraising & Solid Foundations	\$305,860
Capital Expenditures	\$324,157
Gleaning Program	\$160,351

TOTAL EXPENSES \$2,923,658

2023 BALANCE SHEET

ASSETS

UPPER VALLEY MEND

Unrestricted Operating Cash	\$354,661
Jubilee Operating Cash	\$211,894
Restricted Cash	\$235,244
Receivables and Prepaid Expenses	\$4,140
Short and Long Term Reserves	\$1,153,988
Community Cupboard Capital Reserves	\$315,801
Affordable Homeownership Capital Reserves	\$68,452
Endowment	\$99,409
Jubilee Global Gifts Inventory	\$118,046
Homeownership Mortgages and Loans Receivable	\$234,067
Other Assets	\$190,719
Other Fixed Assets	\$1,001,781
TOTAL ASSETS	\$3,988,202

SOLID FOUNDATIONS & ASSOCIATED RENTALS

Receivables	\$1,992,357
Restricted Cash	\$912,104
Prepaid Expenses	\$17,358
Property Acquisition Escrow	\$28,000
Fixed Assets	\$4,424,200
TOTAL ASSETS	\$7,374,019

LIABILITIES & NET ASSETS

UPPER VALLEY MEND

Deferred Grants	\$37,529
Other Current Liabilities	\$155,971
Other Liabilities	\$207,189
Restricted and Unrestricted Net Assets	\$3,587,513
TOTAL LIABILITIES AND NET ASSETS	\$3,988,202

SOLID FOUNDATIONS & ASSOCIATED RENTALS

Accounts Payable	\$418,000
Deferred Grants	\$72,856
Security Deposits	\$21,174
Bridge Loan Financing	\$2,033,460
Restricted and Unrestricted Net Assets	\$4,828,529
TOTAL LIABILITIES AND NET ASSETS	\$7,374,019



UPPER VALLEY MEND

MEETING EACH NEED WITH DIGNITY

CONTACT US

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LEAVENWORTH, WA 98826
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JUBILEE GLOBAL GIFTS
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LEAVENWORTH, WA 98826
(509) 548-3508



2023 BOARD OF DIRECTORS

GREG STEEBER
PRESIDENT

TIFFANY BRINE-DAVIES
PRESIDENT-ELECT

KURT PETERSON
TREASURER

board members

STEVEN BOOHER
MELEAH BUTRUILLE
TRACEY EDOU
JOSE HURTADO

LAURA LENTZ
ANDY LANE
AMY MAHER
CHERIÉ WARREN

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