

2022 ANNUAL REPORT



MEETING EACH NEED WITH DIGNITY SINCE 1988

A Greater Impact than Ever

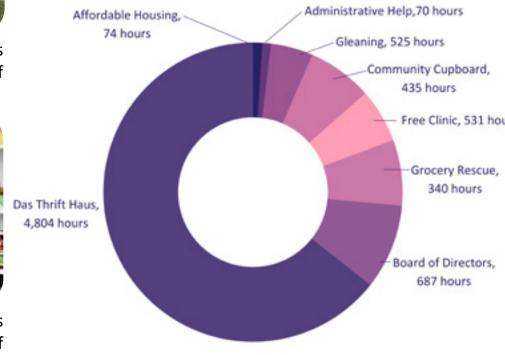


283 community members gleaned \$53,000 worth of fresh, local produce.



Grocery rescue volunteers collected 50,000 pounds of food from local grocery stores.

7,680 volunteers hours to meet the community's food, housing and healthcare needs.





Volunteers helped distribute holiday gifts to 177 local children in December, the first gift giveaway since before the pandemic.



Das Thrift Haus and sorting center volunteers helped generate \$147,000 in profit to meet community needs.

Aid Provided

\$177,264

in emergency financial assistance, more than double the aid given in 2021.



\$34,517
Food, toiletries and household supplies purchased for Community Cupboard



\$34,933 Dental Care 20%

\$10,367Medical Care



\$7,822 Transportation and Emergency Shelter 5%

\$10,587Utilities



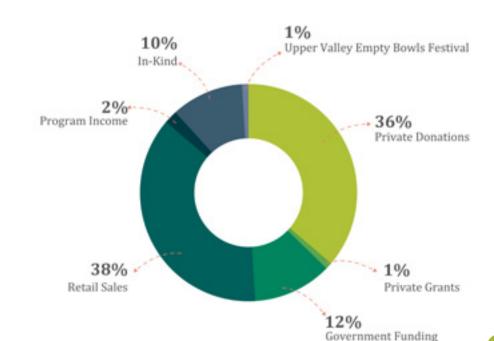
669 households relied on the Community Cupboard for food, toiletries and household items, a 30% increase over 2021.



221 community members received medical care. 73 people received dental care or help with dental costs.

Sources of Income

In 2022, 75% of Upper Valley MEND's income came from individual donors and retail sales from Jubilee Global Gifts and Das Thrift Haus. Private and government grants accounted for 13% of income. 10% of income is donated food and other goods and services.



Financial Statement

2022 Income



2022 Expenses and Aid



2023 Budgeted Income

Donations	\$612,670
Jubilee Global Gifts Sales	\$416,727
Grants	\$394,604
Das Thrift Haus Sales	\$346,340
Community Cupboard In-Kind	\$162,084
Gleaning In-Kind	\$52,900
Other Program Income	\$33,034
Upper Valley Empty Bowls Festival	\$10,361

BUDGETED INCOME \$2,028,720

2023 Budgeted Expenses and Aid

Community Cupboard	\$416,917
Jubilee Global Gifts	\$415,207
Upper Valley Free Clinic	\$253,763
Das Thrift Haus	\$231,630
Emergency Assistance	\$174,490
Affordable Housing	\$135,257
Gleaning	\$118,191
Fundraising	\$92,563
General and Administration	\$84,980
Cornerstone Community	\$10,414

BUDGETED EXPENSES \$1,933,412

2022 Balance Sheet

ASSETS

Unrestricted Cash	\$939,889
Restricted Cash	\$664,731
Receivables and Prepaid Expenses	\$79,804
Upper Valley MEND Reserves	\$385,502
Community Cupboard Capital Reserves	\$204,037
Affordable Homeownership Capital Reserves	\$52,487
Endowment	\$83,505
Jubilee Global Gifts Inventory	\$88,579
Homeownership Mortgages and Loans Receivable	\$265,957
Property Acquisition Escrow	\$182,000
Fixed Assets	\$895,914
TOTAL ASSETS	\$3,842,405

LIABILITIES AND NET ASSETS

Restricted and Unrestricted Net Assets

Grants Payable Other Current Liabilities		\$425,505 \$175,311
	TOTAL LIABILITIES	\$600,816

TOTAL LIABILITIES AND NET ASSETS

2022 numbers are unaudited at time of publication. Audits and reviews are prepared annually by an independent auditor, Goetz, Bailey & Yale P.S.

2022 Board of Directors

President, Greg Steeber • Past President, Andy Lane • Treasurer, Tiffany Brine-Davies

Board Members

Cyndi Garza Jose Hurtado Tim Jenkins

Darryl Wall Tracey Beckendorf-Edou

Amy Maher **Kurt Peterson**

\$3,241,589

\$3,842,405

From the Executive Director and President of the Board

Dear friend of MEND,

In 2022, Upper Valley MEND continued on a path of slow, steady growth in an effort to respond to ever-changing community needs. Because of your support, community members have access to a wide variety of services that meet their needs with dignity. Highlights from 2022 include:

Upper Valley MEND formally expanded our service area to offer most of our programs to Cashmere residents. This change was in response to increasing requests for support from Cashmere residents, and a desire to not turn people away in need of assistance. Now, Cashmere residents can get assistance with rent and utility payments, shelter and medical through Upper Valley MEND. Our food bank, Community Cupboard, continues to be open to anyone who comes through the door.

In 2022, Upper Valley MEND received a large, one-time grant to pay for medical and dental appointments, and to cover past medical debt for low-income members of our community. So far, \$58,425 has been allocated. Medical costs can be crippling and unexpected, and these funds have been transformative for members of our community, wiping away tens of thousands of dollars in bills. These funds are available now, so if you or someone you know has medical debt or needs expensive medical or dental care and can't afford it, please have them give us a call to see if they qualify.

The lack of safe, decent affordable housing for our local workforce continues to be a huge community challenge. In 2022, Upper Valley MEND began working with the Marson family to acquire 31 apartment units in Leavenworth that they own and have kept affordable for decades. Upper Valley MEND will purchase the apartment units and maintain affordable rents, for current renters and future generations of renters. This is a next step towards a program to provide housing for more Upper Valley workers locally, ensuring a high quality of life for our friends and neighbors, and a thriving local economy for years to come.

Thank you for taking this journey with us,

Sincerely,



Kaylin Bettinger

Executive Director



Greg Steeber

Board President



Upper Valley MEND
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(509) 548-0408 • info@uvmend.org • www.uvmend.org

Community Cupboard 219 14th St Leavenworth, WA 98826 (509) 548-6727

Jubilee Global Gifts 900 Front St Leavenworth, WA 98826 (509) 548-3508 Das Thrift Haus 211 14th St Leavenworth, WA 98826 (509) 888-9990

Cornerstone Community 12125 Detillion Rd Leavenworth, WA 98826 (509) 888-3311

Sign up for more good news and updates with our monthly e-newsletter. Go to www.uvmend.org to subscribe.



Cover photo provided by Kristi Karpenko.