

UPPER VALLEY MEND



2021 ANNUAL REPORT



MEETING EACH NEED WITH DIGNITY SINCE 1988

Couple Sees Light at the End of the Tunnel

Joy Hill and Johnny Owen are full of love and laughter despite multiple medical problems over the past five years. They've been living on a very tight fixed income in housing ill-suited to their needs. Thanks to donors like you, their future looks a lot brighter: in a few months, they will be moving into affordable housing close to medical care.

Joy and Johnny moved to Leavenworth in 2015 so Johnny could take care of his mom. When Johnny fractured his heel in 2016, Joy left her job to care for both Johnny and his mom. They were living off Joy's social security and the only place they could afford to rent was in Merritt, 20 miles outside Leavenworth.



Johnny Owen with both legs in a cast.

In the past five years, Johnny's suffered a broken leg, spinal fractures and broken ribs. Most recently, a car accident led to two surgeries to stem bleeding in his brain. He's in constant pain from nerve damage in his heel.

"It's been the worst five years of our lives," said Joy.

The couple knew they couldn't do another winter in Merritt. Most of their income goes to rent. There are 26 steps to their front door, a challenge at the best of times with Johnny's heel injury, nevermind in deep snow. The drive to and from Wenatchee for medical appointments is expensive and dangerous in their old car.

They got through this past winter thanks to Lake Wenatchee Fire and Rescue's Mike Pirotto, who heads up their Community Outreach Program. As well as clearing snow and delivering groceries, Joy credits Mike with saving Johnny's life by transporting him to the hospital when he suffered the second brain bleed.

MEND and LWFR's Community Outreach Program work together to better serve rural residents. Mike suggested the couple contact MEND's emergency assistance manager Liz Hurtado to help them find affordable housing closer to medical care.

Liz made home visits to work with Joy and Johnny to fill out applications and set up appointments. Liz also helped them get on the Section 8 waitlist and, eventually, secure an affordable apartment in Wenatchee.

"Liz has been instrumental in getting us out of the situation we are in now," Joy said. "Upper Valley MEND has been so wonderful. Our story isn't over yet, we need to resolve issues for medical and safety reasons. But we're doing our best to enjoy life."



Joy Hill and Johnny Owen

You Made a Difference

In 2021, Community Harvest volunteers gleaned 16,176 pounds of produce, valued at \$44,401. 129 community members spent 283 hours volunteering at 214 gleaning events in partnership with 36 farmer partners. This healthy food was distributed to more than 10,000 families in need across Chelan and Douglas Counties.



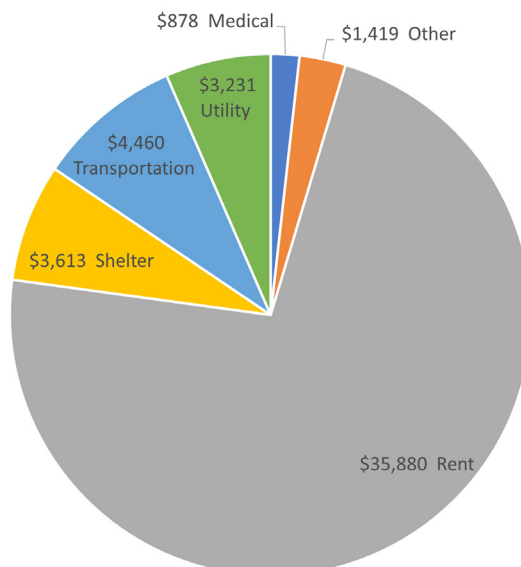
In 2021, 562 households shopped at the Community Cupboard food bank. Community members, local grocery stores and businesses donated 99,385 pounds of food.



In 2021, 94 community members received medical care at the free health clinic, 43 flu vaccines were administered, and 28 people received free dental care or received help with dental costs.

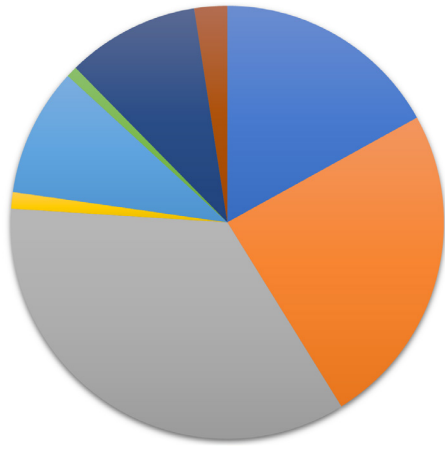


2021 was a big year for emergency financial assistance. 144 families received help paying rent, mortgages, utilities, transportation, and for emergency shelter.



Financial Statement

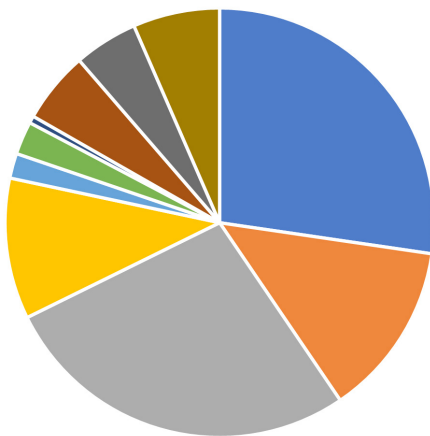
2021 Income



Das Thrift Haus sales	\$302,687
Jubilee Global Gifts sales	\$431,843
General donations	\$621,272
Other program income	\$22,075
Community Cupboard in-kind food donations	\$170,862
Upper Valley Empty Bowls Festival	\$14,831
Grants	\$176,543
Community Harvest in-kind	\$43,771

TOTAL INCOME \$1,783,884

2021 Expenses



Community Cupboard	\$358,404
Das Thrift Haus	\$173,013
Jubilee Global Gifts	\$357,192
Emergency Assistance	\$139,395
Upper Valley Free Clinic	\$24,635
Affordable Housing	\$32,693
Cornerstone Community	\$7,108
General and Administration	\$70,759
Fundraising	\$63,196
Community Harvest	\$85,782

TOTAL EXPENSES \$1,312,177

2022 Budget: Income

Das Thrift Haus sales	\$306,613
Jubilee Global Gifts sales	\$435,737
General donations	\$621,472
Other program income	\$33,218
Community Cupboard in-kind food donations	\$170,861
Upper Valley Empty Bowls Festival	\$14,831
Grants	\$74,296
Community Harvest in-kind	\$31,321
BUDGETED INCOME	\$1,688,349

2022 Budget: Expenses

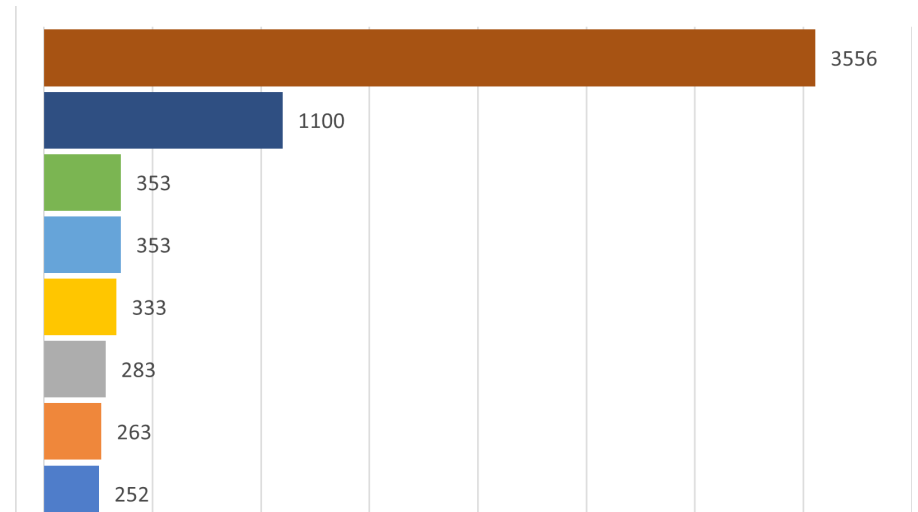
Community Cupboard	\$365,994
Das Thrift Haus	\$189,471
Jubilee Global Gifts	\$417,276
Emergency Assistance	\$167,785
Upper Valley Free Clinic	\$22,744
Affordable Housing	\$98,825
Cornerstone Community	\$7,404
General and Administration	\$69,130
Fundraising	\$77,899
Community Harvest	\$80,667
BUDGETED EXPENSES	\$1,497,194



Volunteers did more than ever to help

Last year Upper Valley MEND volunteers gave 5,392 hours to help their neighbors.

They provided health and dental care, gleaned fresh produce, and diligently delivered grocery rescue. They stuffed envelopes to help raise funds and brought their skills and experience to governance. Volunteers gave an amazing 3,556 hours to sort and display donations for Das Thrift Haus, helping the thrift store finish the year \$122,636 over-budget.



- Das Thrift Haus
- Board of Directors
- Upper Valley Free Clinic
- Affordable Housing
- Grocery Rescue
- Community Harvest
- Community Cupboard
- Administrative



From the Executive Director and President of the Board

Dear friend of MEND,

Thank you for your part in MEND's success.

Sincerely,



Handwritten signature of Kaylin Bettinger in black ink.

Kaylin Bettinger
Executive Director



Handwritten signature of Andy Lane in black ink.

Andy Lane
Board President



Upper Valley MEND

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Leavenworth, WA 98826

(509) 548 0408 • info@uvmend.org • www.uvmend.org

Community Cupboard

219 14th St

Leavenworth, WA 98826

(509) 548 6727

Das Thrift Haus

211 14th St

Leavenworth, WA 98826

(509) 888 9990

Jubilee Global Gifts

900 Front St

Leavenworth, WA 98826

(509) 548 3508

Cornerstone Community

12125 Detillion Rd

Leavenworth, WA 98826

(509) 888 3311



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